

29° 57' 8.40" S 30° 35' 23.37" E | Eston, KwaZulu Natal, South Africa | www.elolam.org

SUGGESTED PROGRAMME

7:00	Rise and Shine
7:30	Devotion
8:00	Breakfast
9:00	Inspection Preparation
9:15	Inspection
9:30	Morning activity
10:30	Tea
11:00	Morning activity
12:30	Lunch
1:30	Rest
2:30	Afternoon activity
3:30	Tea
4:00	Afternoon activity
5:30	Shower hour
6:30	Supper
7:30	Evening activity
8:30	Milo and get ready for bed
9:00	Lights Out

These activities will be structured according to the age group of the learners for the **morning or afternoon activity**.

Curriculum Based Activities

- River studies- Geology/ Quality of the water (using organism classification)
- Sugar Farming-From the farm to the mill
- Soil testing
- Opportunity for community service in local community projects
- Bush walk- Understanding the flora and fauna of the area-Biodiversity
- Conservation
- Basic first Aid training
- Make plaster of paris moulds of animal spoor
- Study skills

Outdoor Training and Leadership Development

- Leadership training activities
- Crafts available for rainy days
- Workshop activities that teach important life skills
- Archery
- Raft building
- Hiking (overnight at our bush camp, next to the river)
- Cooking
- Building a fire
- Tying knots
- Purifying water to drink
- Kayaking

Evening Activities:

- Games/ skits
- Night hikes and game viewing
- Night games-Stalk the lantern and lots more
- Astronomy/-star gazing and talk

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We do have poor signal at times. If you are not able to reach us please send an sms and we will return a call as soon as possible.